

# PRESS RELEASE



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## **La-toya Fagon young renowned owner and chef at Twist Catering, is set to tantalize pallets at the Grand Opening Celebration of the Honourable Jean Augustine Centre for young women's empowerment**

Toronto, Ontario Canada- June 19, 2014 La-toya Fagon will be a culinary delight at the Grand Opening of the Jean Augustine Centre, proudly named in her honour. History will be made as La-toya will be the head chef at the centre. The Centres mandate is to create a living classroom experience by integrating all PACT (Participation, Acknowledgement, Commitment and Transformation) programs. A place where young women and youth will come to learn, participate and transform.

La-toya has worked with the PACT organization for several years, as PACTS cooking Director and Chef. La-toya thrives on teaching youth life skills through a hands on approach by having assessable cooking classes. Some of the planned initiatives included, but not limited to are as follows:

- Large Industrial Kitchen, where youth can learn to cook and prepare food
- Computers and young women's coding classes
- Life and group coaching, Beauty makeover training
- Mindfulness meditation and Yoga studio
- A garden patio for PACT Grow and learn garden
- PACT film studio where youth work together to make short films
- PACT rocks studio where students learn to play musical instruments
- PACT fashion studio, other programs will include photography, a role model speakers series and self-esteem building outreach

La-toya is a experienced chef and teacher. She attended George Brown Chefs School and continues to train at a number of top Restaurants and Hotels, throughout Toronto, Europe and Mexico. Twist Catering is not only La-toya's company, but her passion and pride and joy. Twist Catering is a cut above the rest, for the unique fusion of food , cultures and flavors. La-toya has taken home style Caribbean cuisine to the next level by infusing it with Mediterranean flavors. Her experimentation, determination and hard work has made her company a success. Twist Catering offers full service event planning and catering. Catering to events as small an intimate dinner for 2, to corporate meetings, training sessions or private dinners, parties and Gala's. Twist Catering is sensitive to the needs of their clients' and will customize to suite your vision, whether is simple or extravagant!.

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